

**PATIENT INFORMATION LEAFLET:  
ORASOL POWDER 500ML SACHETS  
ORASOL POWDER 1000ML SACHETS**

**Oral Rehydration Salts**

Anhydrous Dextrose	75mmol/litre
Sodium Chloride	75mmol/litre
Potassium Citrate	65mmol/litre
	20mmol/litre
	10mmol/litre

*Read all of this leaflet carefully before you start taking this medicine.*

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

*In this leaflet:*

1. What Orasol is and what it is used for
2. Before you use Orasol.
3. How to use Orasol.
4. Possible side effects
5. How to store Orasol.
6. Further information

**1. WHAT IS ORASOL AND WHAT IS IT USED FOR?**

Orasol contains a scientifically balanced formula of dextrose and electrolytes which when added to water may be used to replenish the body's water and salts. It is indicated for the treatment of diarrhea and fluid loss due to diarrhea in infants, children and adults.

**2. BEFORE YOU USE:**

**Do not use Orasol** without medical advice:

- If you are allergic to any of the ingredients of this medicine.
- If you have phenylketonuria or severe dehydration

**Take special care with Orasol:**

- If you have any liver or kidney problems
- in children under 1 year of age

**Using other medicines**

Please tell your doctor/pharmacist if you are taking or have recently taken any other medicines

This is important if you are taking ACE Inhibitors (to reduce blood pressure) or Cyclosporine (Immune suppressant)

**Using Orasol with food & drinks**

Orasol can be taken without regard to meals/drinks

**Pregnancy & breastfeeding**

May be used during pregnancy and breastfeeding

**Orasol contains:**

Dextrose- patients with rare glucose-galactose malabsorption should not take this medicine

**3. HOW TO USE ORASOL:**

Always use Orasol exactly as your doctor has told you. You should check with your doctor/pharmacist if you are not sure.

**Reconstitution**

The contents of each sachet should be dissolved in 500ml of fresh drinking water for the 500ml packaging and 1000 ml of fresh drinking water for the 1000ml packaging.

The solution should be made up immediately before use and used within 24 hours.

**Children under 24 months** – ¼ litre in 24 hours

**Children 2 to 10 years** – 100 to 200ml after each stool (500ml to 1000ml in 24 hours)

**Children over 10 years & adults** – 200 to 400ml after each loose stool (approx. 2000ml in 24 hours)

**If you take more Orasol than you should**

Stop taking the medicine and contact your doctor.

**If you forget to take Orasol**

Take it as soon as you remember. Do not take a double dose to make up for a forgotten dose

**4. POSSIBLE SIDE EFFECTS:**

Most people do not suffer any side effects whilst using Orasol. If you do experience any side effects, stop using Orasol immediately and seek medical advice.

**5. HOW TO STORE ORASOL:**

Keep out of sight and reach of children

Do not use Orasol after the expiry date stamped on the pack. The expiry date refers to the last day of the month.

Orasol should be stored in a cool place below 30°C, protected from direct sunlight.

Once the powder is reconstituted, use within 24 hours.

Medicines should not be disposed off via wastewater or household waste. Ask your pharmacist how to dispose off medicines no longer required. These measures will help protect the environment.

**6. FURTHER INFORMATION:**

**What Orasol contains**

The active substances in Orasol are Anhydrous dextrose, sodium chloride, sodium citrate, potassium chloride.

Other ingredients are orange essence, anhydrous colloidal silicon dioxide, sunset yellow colour.

**What Orasol looks like and the contents of the pack**

**Description:** Free flowing orange coloured granular powder with an orange flavor free from any visible impurities.

**Packaging**

Powder packed in aluminium foil laminate sachets.

1000ml - 25 sachets are packed in a carton along with a package insert

500ml - 50 sachets are packed in a carton along with a package insert

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Tanzania Reg No: TZ 20H0191



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